

FIVE ESSENTIAL POWER SKILLS WORKSHOPS AND WEBINARS

Research from the Future of Jobs Report cited ‘soft skills’ as being even more instrumental for future careers and your business success, because of the rapid shifting of emerging technologies like generative AI. Soft skills, AKA, **Power Skills**, creates employees who are adaptable, can pivot in their roles and progress further. Ten specific Power Skills have emerged as critical including: Strategic Thinking, Negotiation, Persuasion, Presentation Skills, Critical Thinking, Mentoring, Emotional Intelligence, Innovation, Resilience

The Be A Better You Five Essential Power Skills series touch on these Power Skills. Each webinar and workshop combination is filled with facts, discovery to self-reflect; practical application and a safe, fun learning environment for everyone.



“

The only thing worse than training employees and losing them is not to train them and keep them

Zig Ziglar

FIVE ESSENTIAL POWER SKILLS WORKSHOPS AND WEBINARS

1: Expert Communication Skills



Outcomes

Engaging and interactive sessions

- ✓ Learn how to avoid making assumptions and how to clarify expectations
- ✓ Discover the language of specificity
- ✓ Tune in to the whole message
- ✓ Practice becoming an expert communicator

Connects to these specific Power Skills: Negotiation, Persuasion, Presentation Skills, Critical Thinking, Mentoring, Innovation

Logistics & Pricing

Starts with a 75-minute webinar for a foundational overview of the topic. Interaction using Chat.

Unlimited numbers of attendees. followed 1 to 3 weeks later by:

Two to four-hour workshop diving deeper into concepts and practice of the practical applications.

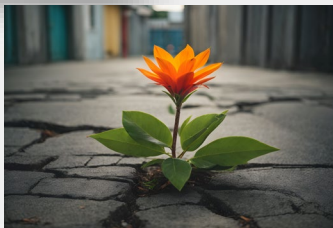
Delivered online over Zoom: 16 people max, two – three hours.

Delivered in-person: 30 people max, three to four hours.

Editable PDF resource provided.

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2: Manage Your Emotions & Develop Resilience



Outcomes

Engaging and interactive sessions

- ✓ Discover the connection between decision making and emotions
- ✓ Make the connection between strong emotional reactions and accountability
- ✓ Strategies for managing emotions in the workplace
- ✓ Developing Resilience

Connects to these specific Power Skills: Strategic Thinking, Negotiation, Persuasion, Presentation Skills, Critical Thinking, Mentoring, Emotional Intelligence, Innovation, Resilience

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3. Tackling Tough Conversations



Outcomes

Engaging and interactive sessions

- ✓ Discover what gets in the way of having a conversation and how to get past the challenges
- ✓ Determine the consequences of either having the conversation or not
- ✓ Learn a straight-forward framework for tough conversations

Connects to these specific Power Skills: Strategic Thinking, Negotiation, Critical Thinking, Mentoring, Emotional Intelligence, Innovation, Resilience

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4: Ten Attributes of a High Performing Teams



Outcomes

Engaging and interactive sessions

- ✓ Take ownership of how you're showing up to work
- ✓ Take an inventory of the top attributes compared to your team
- ✓ Build trust and credibility with your teammates
- ✓ Creating a feedback culture

Connects to these specific Power Skills: Strategic Thinking, Negotiation, Persuasion, Presentation Skills, Critical Thinking, Mentoring, Emotional Intelligence, Innovation, Resilience

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5: Polished Presentation Skills



Outcomes

Engaging and interactive sessions

- ✓ Learn the right ways to connect and engage with your audience
- ✓ Discover the six steps of perfect preparation
- ✓ Master the right media for the right situation
- ✓ Control nerves

Connects to these specific Power Skills: Strategic Thinking, Negotiation, Persuasion, Presentation Skills, Critical Thinking, Mentoring, Emotional Intelligence, Innovation, Resilience

Logistics & Pricing

Four elements:

- 1) Initial presentations with feedback, workshop
- 2) Record self presenting, send to facilitator
- 3) One-on-one with facilitator
- 4) Presenting a second time, workshop

Zoom all elements: 12 people max.

In-Person elements 1 and 4, zoom for 2 and 3: 16 people max

Time of elements 1 and 4 will vary according to number of participants

Editable PDF resource provided.