

POWER UP SELF-AWARENESS COACHING

The fastest way to get people to **connect their own dots** regarding their **strengths and challenges** and **what type of career they are likely to excel in**, comes with the use of **valid and reliable psychometric assessments**.

In 2013 I went back in to learning mode – deep learning – at Thomas International’s HQ in London, England. There I worked as a client trainer for two years, **learning the intricacies of the assessments, training clients how to use them properly, and developing content for certification training as well as workshops**.

Back in Canada from 2015, Thomas is now my client – I still develop content for certification training as well as workshops and webinars.

And now, I also coach using their assessments.

This has proven to be such an **accelerated way of self-awareness, self-acceptance, and accountability** it’s called **Power Up Self-Awareness coaching**. Hundreds of professionals from **High Potentials to seasoned Executives**, have experienced the **benefit of this type of coaching**. Assessments are valid, reliable, and powerful for occupational settings.

Workplace Behaviour : Workplace Personality : Cognitive Aptitude : Emotional Intelligence

Behaviour

Personality

Aptitude

Emotional Intelligence