

HOW TO GIVE AND RECEIVE CRITICAL FEEDBACK

Overview

Most people struggle with giving and receiving on-going effective feedback at work - especially negative feedback (performance reviews included.) But feedback, both good and not-so-good, is vital for people's growth, development, motivation, engagement and job satisfaction. People have a sense of dread about having these types of conversations, and the reasons they don't want to do it are universal.

It's said that feedback is a gift. And it is; feedback often opens the receiver's eyes to behaviours they are doing which can cause challenges for them in their career. **Most people WANT constructive feedback for growth** – as long as it's given in the right way.

Workshops



- ✓ Workshops are customized based on the needs of the business
- ✓ Customization based on level (seniority/leadership/general) and identified need
- ✓ Content includes: The key differentiators for having an effective critical feedback conversation : Understand the difference between specific and general feedback : Methodology for how to frame the conversation : Practice
- ✓ Attendees work on case studies and their own examples
- ✓ Frequency and length: series of workshops or one-off workshop
- ✓ In-person or over Zoom

Optional:

- ✓ Smaller cohort-groups for practice
- ✓ With one-on-one coaching



**Contact us for
needs analysis &
pricing options**